

# CLARION WRESTLING CLUB

***Our goal is to provide a good learning environment for wrestlers, of all ages and skill level, in western Pennsylvania in the three disciplines of wrestling:  
Folkstyle, Freestyle and Greco-Roman***

- Practices will take place in the Clarion University wrestling room on Sundays from 2-3:30 pm & Wednesdays from 6:30-8 pm.
- All athletes must be current USA Wrestling members. Athletes must be able to present documentation of membership for participation. USA Wrestling cards can be purchased at: <http://www.themat.com/membership/>
- To sign up please fill out and detach the bottom portion of this sheet and mail it with your payment. Wrestlers may also sign up prior to the start of each practice, or over the phone and through email.

Address: 107 Tippin Gym Clarion, PA 16214

Phone: 814-393-2455

Email: [s\\_jroplinger@clarion.edu](mailto:s_jroplinger@clarion.edu)

\* Please call or email with any questions. \*  
Schedule on reverse side

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## Clarion Wrestling Club

Athlete Name \_\_\_\_\_

\*Single Session & All Session Members  
Receive a Free CWC T-Shirt

Athlete Address \_\_\_\_\_

Parent Name \_\_\_\_\_ Phone Number & Email \_\_\_\_\_

Emergency Name and Number \_\_\_\_\_

USA Wrestling Card # \_\_\_\_\_ Years of Experience \_\_\_\_\_ T-Shirt Size: YS YM YL S M L XL XXL

Membership Type:

Per Practice

Single Session

All Session

\$10

\$125

\$300

# CLARION WRESTLING CLUB

## SCHEDULE 2009-10

Schedule is Subject to Change

Time: Sundays 2-3:30PM / Wednesday 6:30-8PM

### Session I

	Sun	Wed	Sun	Wed	Sun	Wed	Sun	Wed	Sun
<b>Oct.</b>	11	14	18	21	25	28			
<b>Nov.</b>	1	4	8	11	15	18	22		29
<b>Dec.</b>		2	6	9	13				

### Session II

	Sun	Wed	Sun	Wed	Sun	Wed	Sun	Wed	Sun
<b>Jan.</b>		6	10	13	17	20	24	27	31
<b>Feb.</b>		3	7	10	14	17	21	24	28
<b>Mar.</b>		3	7						

### Session III

	Sun	Wed	Sun	Wed	Sun	Wed	Sun	Wed	Sun
<b>Mar.</b>		31							
<b>Apr.</b>	4	7	11	14	18	21	25	28	
<b>May</b>	2	5	9	12	16	19	23	26	30